



VEGAN MENU

Lunch – Monday- Saturday 12-4pm 2 courses @ £17.95 – 3 courses @ £21.95
Evening 4-9pm & Sunday 12-8pm 2 courses @ £22.95 – 3 courses @ £26.95

Pre-Starters to share...

Warm French Bread **£4.75**

Marinated olives **£3.95**

Starters...

Asparagus spears, roasted crumbled cashews, balsamic reduction & tomato concasse

Italian salad, mixed salad leaves with marinated olives, balsamic reduction and toasted pine nuts

Sliced field mushrooms in olive oil, thyme, garlic served on toasted sourdough

Mains...

Homemade spicy 3 bean chilli served on steamed white rice with fresh chillies and spring onion

Oriental stir fry, julienne of veg, chilli and cashews stir fried in soy and sweet chilli with steamed white rice and spring onion

Pasta tossed in Italian sauce with rocket, asparagus, cherry tomatoes and toasted pine nuts

Vegan burger, made from a mix of lentils, grated carrot, onion, and spring onions delicately seasoned with garlic, cumin seeds and cayenne pepper on a toasted bun with tomato, lettuce, fries & chilli jam

Side orders £3.95...

Hand cut chips ~ Fries ~ Green beans & shallots ~ Asparagus spears in olive oil ~ House salad ~ Parsnips

Desserts...

Fresh fruit salad

Vanilla and coconut milk ice cream

Lemon Sorbet