



Lunch - 12-4pm 1 course @ £11.95 2 courses @ £14.95 – 3 courses @ £17.95
Evening - 4pm-9pm 1 course @ £16.95 2 courses @ £19.95 – 3 courses @ £22.95
Sunday - 12-7.30pm 1 course @ £16.95 2 courses @ £19.95 – 3 courses @ £22.95

GLUTEN FREE

Pre-Starters to share...

Marinated olives £3.50

Starters...

Homemade soup of the day served with gluten free bread (v)

North Atlantic prawns bound in marie-rose sauce on Highland smoked salmon & gluten free bread

Grilled welsh goats' cheese on peppery wild rocket leaves with sticky chilli jam (v)

Slow roasted chicken wings, deep fried 'til crispy served in a spicy buffalo wing sauce with sour cream dip

Sautéed baby mushrooms in white wine, garlic cream sauce and gluten free bread (v)

Homemade chilli con carne topped with cheddar cheese, sour cream, spring onion & tortilla chips

Asparagus spears with soft poached egg, freshly shaved parmesan, tomato concasse & balsamic reduction (v)

Crispy Peking duck salad, crispy duck in sweet chilli sauce served on seasonal leaf with sesame seeds (add £4.25)

Wok fried tiger prawns in a sweet chilli sauce served with gluten free toast (add £4.50)

Mains...

Pan fried seabass fillet on mashed potato, olives, spinach, pancetta lardons & white wine, cream & mussel sauce.

½ kilo of mussels steamed in white wine, garlic and celery served with fries and mayo

Vegetable stir fry, with white rice, chillies, spring onions spinach, green beans, bok choy and cashew nuts topped with a fresh hen's egg (v)

Chargrilled marinated chicken breast served on dressed salad leaves, fries & deli slaw

(Please check with your server if the marinade of the day is gluten free)

10oz grilled smoked bacon chop served with diced crispy potatoes, green beans, shallots & pepper sauce

Steak frites, tender 5oz flattened sirloin steak flash grilled served pink with fries & rocket

(add a sauce £1– Garlic Butter or Peppercorn or Chimichurri sauce)

Pan fried loin of pork served with fries, garlic butter & salad leaves

Naturally smoked haddock, served on mashed potato with a soft poached egg and hollandaise

107's signature fall off the bone baby back ribs served in a smoky BBQ sauce with fries

Crispy duck stir fry, crispy duck pieces in sweet chilli sauce with white rice, julienne of veg and spring onion (£4.95)

Char grilled 8oz fillet steak cooked to your liking served with hand cut chunky chips, confit tomato & a choice of au poivre, garlic butter or chimichurri (add £8.50)

Char grilled 10oz prime 28-day aged sirloin steak cooked to your liking served with hand cut chunky chips, confit tomato & a choice of au poivre, garlic butter or chimichurri (add £5.95)

Side orders £3.95...

Hand cut chips ~ Fries ~ Deli style coleslaw ~ Green beans, shallots & parmesan ~ Spinach ~ Asparagus spears in garlic butter
~Rocket & parmesan salad ~Garlic mushrooms ~Red cabbage ~ House salad

Although every care and effort is taken to ensure that these menu items do not contain gluten, please be aware that we do use gluten products in our kitchen

(add £3.95)



Gluten free Desserts...

Banoffee mess, crushed meringue, banana, toffee sauce and fudge pieces mixed together with fresh whipped cream

Classic crème brulee, caramelised to order served with fresh fruit

Warm indulgent gluten free Alabama chocolate fudge cake served with whipped cream

Fruit mess, crushed meringue, fruits of the forests and raspberry coulis mixed together with fresh whipped cream

Ice cream, choose two scoops either Vanilla, salted caramel, Strawberry or chocolate.

Cheese board, cheddar, stilton and brie served with gluten free crackers, grapes and chutney (add £3.50)

Coffee

Americano, served black or with hot milk @ £2.50

Cappuccino, espresso topped with foamed milk @ £2.75

Caffe Latte, steamed milk with espresso @ £2.75

Espresso, @ £2.15

Hot chocolate, with cream and marshmallows @ £3.25

Liqueur coffee, choose your favourite liqueur served with coffee and whipped cream @ £5.50

Tea, choose from breakfast, mint, earl grey or fruit @ £2.50

Drinks

Beer and cider by the bottle

Peroni Nastro Azzurro	£3.95	Bombadier Bitter	£4.60
Peroni gluten free	£4.25	Guinness Draught Surger	£4.60
Brewdog Punk IPA	£4.25	Corona	£3.95
Becks Blue (0.05%)	£2.80	Old mout Summer berries	£4.85
Kopparberg Naked Apple	£4.85	Old mout Passionfruit + apple	£4.85

Beer on draught

Peroni PINT @ £4.75 ½ PINT @ £2.55

Soft Drinks

J2O (a choice of flavours), Appletiser @ £2.95

Coke, Diet coke, Lemonade @ £2.95 Large @ £3.50

Ginger ale, Bitter lemon, Tomato juice @ £2.05

Glass soda water @ £1.05 Large £2.00

Orange Juice, Apple juice, Cranberry juice, Pineapple juice £2.20

Cordials – Blackcurrant, Lime, Orange 35p

Radnor Hills Still & Sparkling Water 750ml @ £3.95 330ml @ £2.50

Schweppes tonic 125ml, Schweppes slimline tonic 125ml @ £2.05

Fever tree tonic 200ml, Fever Tree light tonic 200ml, Fever tree elderflower 200ml @ £2.95