



GLUTEN FREE A la carte Starters

Pre starters to share

Mixed olives marinated in sweet chilli, garlic and fresh parsley **£3.50**

Chef's homemade soup of the day (v)	£4.95
Potted Morecambe Bay shrimps served with warm garlic butter, garlic, nutmeg, cayenne, chives, lemon	£8.25
Grilled Welsh goats' cheese with pear, prosciutto, rocket and balsamic reduction	£6.50
Asparagus spears served with a soft poached egg, freshly shaved parmesan cheese, tomato concasse and aged balsamic reduction (v)	£5.95
Creamy seafood chowder with white fish, tiger prawns, potatoes, sweetcorn, carrots and smoked bacon	£7.50
Deep fried tofu coated in spicy buffalo sauce with celery sticks and sour cream (v)	£5.95
Highland smoked salmon served with prawns and salad leaves	£7.95
Slow roasted chicken wings, deep fried 'til crispy served in spicy buffalo wing sauce & sour cream dip	£6.95
Albondigas 'spicy Mexican pork meatballs' in a tomato and chilli ragu with melted cheddar	£6.50
Wok fried king prawns and smoked chorizo sausage served in a sweet chilli sauce	£7.95
Wilted spinach, smoked haddock, soft poached egg, hollandaise sauce and Parma ham	£7.50

(v) Denotes a dish suitable for vegetarians (n) Contains nuts

Gluten free menu and allergy information available.

As we use nuts in our kitchen, we cannot guarantee that any of our dishes are nut free; this is for your own safety